

**When you don't know
where to turn...
because someone
drinks too much...**



Al-Anon Family Groups can help.

Learn more by attending a confidential meeting in your community.

888-4AL-ANON • al-anon.org

Local Lane County Meeting Information: Alanonlaneor.us

Virtual and In-person meetings happening now!

24 Hour Answering Service: (541) 265-4365



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