

Breakfast Meeting Format

10:00	Start meeting	<p>Welcome to the Al-Anon Breakfast Meeting hosted by _____ and District 6. My name is _____. I am your leader today.</p> <p>Please silence cell phones and Zoom members mute microphones.</p> <p>After a moment of silence please join me in the Serenity Prayer.</p> <p>.</p> <p>Read Opening in <i>How Al-Anon Works</i> pg. 8</p> <p>_____ Read Al-Anon Steps pg. 397</p> <p>_____ Read Al-Anon Traditions pg. 398</p> <p>Is there anyone here for their first meeting?</p> <p>Are there any Al-Anon related announcements?</p> <p>We will be passing the 7th tradition baskets. This money goes to District 6 to support ongoing outreach, workshops, this Breakfast Meeting and other activities.</p>
10:15	Speaker	<p>It is time to introduce the AA Speaker. Introduce _____ to give introduction for _____</p>
10:30		<p>Give the Speaker a 5 minute warning</p>
10:35		<p>Thank the AA Speaker _____</p> <p>Announce 10 Minute Break</p>
10:45	Raffle	<p>Please turn the phone to view the audience. Announce that the Raffle is starting. Do your best to keep the meeting on time.</p> <p>.</p> <p>(Say the Serenity Prayer to silence the group if needed)</p> <p>After 10 minutes announce items left can be picked</p>
11:00	Speaker	<p>It is time to introduce the Al-Anon Speaker. Introduce _____ to give introduction for _____</p>
11:20-11:30		<p>Please turn the phone to view up front. Ask Zoom to mute. Give the Speaker a 10 minute warning</p>

11:40

Ending

I would like to thank the Speakers, the Hosting Group
_____ and any others who helped make
make this meeting today possible.

We welcome anyone who would like to stay and help
clean up.

Read the AI-Anon Closing pg.396

All of those who would like to join us in a circle for the
AI-Anon Declaration or Serenity Prayer.